

Thursday, May 11, 2023 . . .



Gabe is the only person living openly with bipolar disorder who hosts a podcast for a major media company. The Inside Mental Health podcast can be found on the world's largest health website, Healthline.com.

Each week, Gabe interviews celebrities, experts, and other notables about psychology, mental illness, and mental health. He has appeared in numerous publications including Bipolar Magazine, WebMD and the Stanford Online Medical Journal.

He has also appeared on all four major news networks, ABC, NBC, CBS, and FOX.

Learn More at

GABEHOWARD.COM

May 11, 2023

6:00pm

Stark Learning Center #105

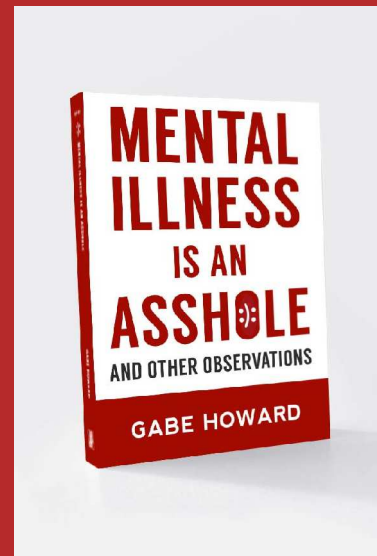
Wilkes University

170 S. River St. Wilkes-Barre, PA 18702



Join us for a powerful message from Gabe Howard. Gabe speaks about living well with bipolar disorder: An educational, entertaining & inspiring story.

AUTHOR OF...



Gabe Howard is an award-winning podcast host, author & sought-after speaker. In 2003, he was diagnosed with bipolar & anxiety disorders after being committed to a psychiatric hospital. Gabe hosts the weekly Inside Mental Health podcast for Healthline Media and is the author of Mental Illness is an Asshole and Other Observations. The Inside Mental Health podcast has been honored by both NAMI & WEGO Health.

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Register today on eventbrite by clicking the link below:

<https://www.eventbrite.com/e/gabe-howard-bipolar-speaker-podcaster-author-tickets-591063776667>

Questions?

Email: namiluzernewyomingcounty@gmail.com